

**VERMONT STATE BOARD OF NURSING**

**THE ROLE OF THE NURSE IN THE  
ADMINISTRATION OF HOMEOPATHIC REMEDIES AND/OR FOOD ADDITIVES  
POSITION STATEMENT**

**QUESTION**

**The Board received a request for an Advisory opinion on the role of the nurse in the administration of homeopathic remedies and/or food additives.**

**BOARD OPINION**

The Board believes that in the administration of any substance, the nurse must be aware of and have access to current valid information regarding the action, desired effects, side effects, toxic effects and possible chemical and drug interactions with other substances.

Information on homeopathic and food additives may be obtained from a monograph written by a physician or naturopath if published data is not available.

Validation in writing from the medical physician should be obtained if the client is receiving medication, indicating that the homeopathic substances are not contraindicated.

Nurses have the right to refuse to administer substances if they feel that the substances may harm the client or if information regarding the substance is unknown.

**This opinion is advisory only and is subject to change as changes in nursing practice occur.**

**Approved: May 2000**