

## Vermont Board of Nursing

### Guidelines for Independent Mental Health Evaluations

The following outline is provided by the Vermont State Board of Nursing for Independent Mental Health clinicians to use in preparing an evaluation that addresses areas pertinent to Board concerns. The evaluation should provide information in sufficient detail to allow the Board to make a decision regarding the Respondent's course of action.

Name of client:

Date of evaluation:

Length of time taken to conduct this evaluation:

Evaluator's name and contact information:

#### Areas to be included in your written evaluation

Statement confirming that the Independent Evaluator has reviewed all Board of Nursing Orders related to the licensee (including a list of the case numbers and dates of entry for the Board Orders reviewed)

Presenting Problem

Social History

Mental Status

Drug and Alcohol Abuse History (if applicable)

Treatment History

Present Status

Current Medications (Prescribed & OTC)

Information obtained and verified from sources other than the client (urine screen results, medical records related to previous and ongoing treatment, prescriptions, etc.)

Results of screening tool(s), if used:

Impression/Evaluation

Diagnostic Impression

Recommendations to the Board of Nursing (specific and clearly identified) including:

- The need for continuing treatment or a relapse prevention plan
- A statement of this individual's potential to practice nursing without posing a risk to the safety, health, and welfare of his/her potential patients/clients.

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